Amendments to the Claims:

This listing of claims will replace all prior versions, and listing of claims in the application:

Listing of Claims:

- 1. (Currently amended) A method for improving the efficiency of exchanging a first fluid within a gel by a second fluid comprising applying pulses of pressure having at least one frequency to the gel, the first fluid and the second fluid during the exchange, wherein the first fluid is a solvent liquid used to prepare the gel and the second fluid is a supercritical fluid.
- 2. (Cancelled)
- 3. (Cancelled)
- 4. (Original) The method of claim 1, wherein the pulses have a frequency of about 1 to 100,000 Hz and an amplitude of about 0.1 to 20 psi.
- 5. (Original) The method of claim 1, wherein the pulses have a frequency of about 2,000 to 50,000 Hz and an amplitude about 0.3 to 5 psi.
- 6. (Original) The method of claim 1, wherein the pulses have a frequency of about 0.0001 to about 10 Hz and an amplitude of about 10 to 1,000 psi.
- 7. (Original) The method of claim 1, wherein the pulses have a frequency in the range of about 0.001 to about 1 Hz and an amplitude about 100 to 600 psi;
- 8. (Cancelled)
- 9. (Original) The process of claim 1, wherein the gel is an inorganic gel.
- 10. (Currently Amended) The process of claim 9, wherein the inorganic gel is an oxides oxide of a metal selected from the group consisting of silicon, aluminum, iron, copper, zirconium, hafnium, magnesium, yttrium, and mixtures thereof.
- 11. (Original) The process of claim 1, wherein the gel is an organic gel.
- 12. (Original) The process of claim 11, wherein the organic gel is selected from the group consisting of polyacrylate, polystyrene, polyacrylonitrile, polyurethane, polyimide, polyfurfural alcohol, phenol furfuryl alcohol, polyfurfuryl alcohol, melamine-formaldehyde resin, resorcinol-formaldehyde resin, cresol formaldehyde resin, phenol-formaldehyde resin, polyvinyl alcohol dialdehyde, polycyanurate,

polyacrylamide, epoxy resin, agar, and mixtures thereof.

- 13. (Cancelled)
- 14. (Currently Amended) The method of claim 4 48, wherein the first fluid is a supercritical fluid and the second fluid is a non-reacting, non-condensible gas.
- 15. (Original) The method of claim 14, wherein the inert non-reacting non-condensible gas is selected from the group consisting of air, nitrogen, oxygen, helium, neon, argon, hydrogen, and mixtures thereof.
- 16. (Currently Amended) The method of claim 4 <u>48</u>, wherein the first fluid is a supercritical fluid and the second fluid is a gas.
- 17. (Currently Amended) The method of claim 4 48, wherein the first fluid is a liquid and the second fluid is a liquid.
- 18. (Original) The method of claim 1, wherein the gel is an inorganic gel prepared by the hydrolysis and condensation of a metal alkoxide.
- 19. (Original) The method of claim 18, wherein the metal alkoxide has about 1 to 6 carbon atoms in each alkyl group.
- 20. (Currently amended)The method of claim 18, wherein the metal alkoxide is selected from the group consisting of tetra-ethoxysilane (TEOS), tetramethoxysilane (TMOS), tetra-n-propoxysilane, aluminum isopropoxide, aluminum sec-butoxide, cerium isopropoxide, hafnium tert-butoxide, magnesium aluminum isopropoxide, yttrium isopropoxide, zirconium isopropoxide, and mixtures thereof.
- 21. (Original) The method of claim 1 wherein the pulses are generated by one or more of a piezoelectric device, an electromechanical device, a mechanical device, liquid piston, a piston, a diaphragm, an inflatable device, audio frequency speakers, mechanical tapping, vibrating table, and a variation in the pressure or the back pressure of a fluid or a flowing gas.
- 22. (Cancelled)
- 23. (Cancelled)
- 24. (Currently Amended) The method of claim 1 further comprising A method for reducing the time required to exchange a solvent liquid located within a gel with a supercritical extracting fluid in a means for performing the exchange during the preparation of an aerogel, comprising providing the said solvent liquid within the said gel at a tem perature temperature of no more than 10 °C below the critical temperature of the super-critical fluid before the supercritical fluid contacts the solvent liquid. and further comprising applying pressure pulses of at least one

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frequency to the gel, the solvent liquid and the supercritical extracting fluid during the exchange.

- 25. (Cancelled)
- 26. (Cancelled)
- 27. (Cancelled)
- 28. (Original) The method of claim 24, wherein the pulses are generated by one or more of a piezoelectric device, an electromechanical device, a mechanical device, liquid piston, a piston, a diaphragm, an inflatable device, audio frequency speakers, mechanical tapping, vibrating table, and a variation in the pressure or the back pressure of a fluid or a flowing gas.
- 29. (Currently Amended) A method for rapid depressurization of a supercritical fluid within and around a porous medium, the method comprising exchanging the supercritical fluid with a non-reacting, non-condensing gas before or during the depressurization wherein said exchange takes place at a pressure range selected from supercritical CO₂ pressures, just below the critical pressure of the supercritical fluid or a range starting from a supercritical pressure to just above the end pressure after depressurization.
- 30. (Original) The method of claim 29, wherein the porous medium is an aerogel.
- 31. (Original) The method of claim 29, further comprising applying pulses of pressure during said exchange.
- 32. (Cancelled)
- 33. (Cancelled)
- 34. (Cancelled)
- 35. (Cancelled)
- 36. (Original) The method of claim 31, wherein the pulses are generated by one or more of a piezoelectric device, an electromechanical device, a mechanical device, liquid piston, a piston, a diaphragm, an inflatable device, audio frequency speakers, mechanical tapping, vibrating table, and a variation in the pressure or the back pressure of a fluid or a flowing gas.
- 37. (Cancelled)
- 38. (Cancelled)

- 39. (Cancelled)
- 40. (Cancelled)
- 41. (Cancelled)
- 42. (Currently Amended) A method of exchanging the solvent liquid in a wet gel with a supercritical fluid to form an aerogel, the method comprising: providing an extractor containing the wet gel having a porous structure, said gel containing within its pores a solvent liquid; providing a supercritical fluid in the extractor in contact with and in approximate equilibrium of pressure and temperature with the solvent liquid-containing wet gels gel; and applying pulses of pressure to said supercritical fluid, thereby accelerating the mixing of the supercritical fluid and the solvent liquid.
- 43. (Cancelled)
- 44. (Cancelled)
- 45. (Cancelled)
- 46. (Cancelled)
- 47. (Cancelled)
- 48. (New) A method for improving the efficiency of exchanging a first fluid within a gel by a second fluid comprising applying pulses of pressure having at least one frequency to the gel, the first fluid and the second fluid during the exchange wherein said gel is in a bead, monolithic or composite form.
- 49. (New) The method of claim 48 wherein the frequency of pulses is between 0.0001 Hz and 100,000 Hz.
- 50. (New) The method of claim 48 wherein the amplitude of pulses between 0.001 and 1000 psi.
- 51. (New) The method of claim 48 wherein the gel comprises organic, inorganic materials or mixtures thereof.